

St. Pius X

2007 CROSS COUNTRY

Cross-country is a CYO sport offered to all girls and boys K – 8th grades. The kids run various distances according to their grade level. It is an excellent way to improve fitness and endurance for other sports.

Practice: First Practice is on Monday 8/20/07 at St. Pius.
Mondays and Thursdays at St. Pius, 6:00 to 7:15 p.m. for all grades.
Wednesdays at Wildwood, 6:15 to 7:15 p.m. for all grades.
Saturdays at Wildwood for grades 4 – 8, from 9:00 to 10:00 a.m.

Competition: Saturday mornings at various locations throughout the Toledo area. There will be five meets. (The first meet is September 9 and the last meet is October 7.)

Cost: \$20.00 per child.

Questions: Contact Dave Hertz, Cross-Country Commissioner at (419) 472-1967 or dhertz@accesstoledo.com. Also, please call ASAP if you are interested in coaching.

Name of Child(ren): _____

Grade(s): _____

Parent's Name: _____

Telephone Number: _____

Payment: Cash or Check (circle one)

Please return this form with your payment to the school office.
Deadline is **August 28th** for completed form and payment.

Additional Player Contracts and Emergency Medical forms are available on the St. Pius X web site: www.spxathletics.com

Note: Please use separate checks for different sports. Feel free to use one check & this form for multiple children running cross country.